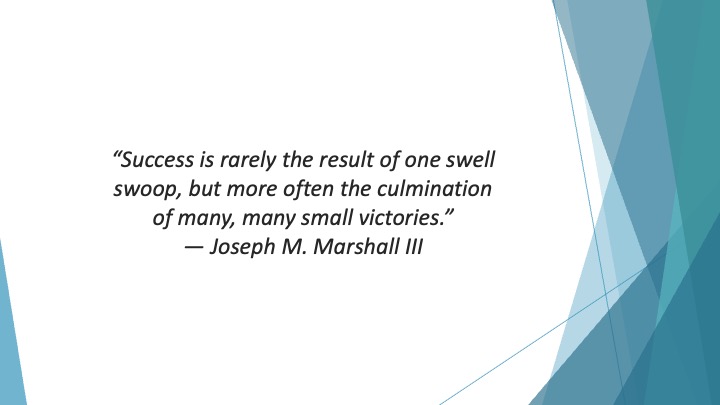
**Chapter 1: Becoming an Individual Extraordinaire**

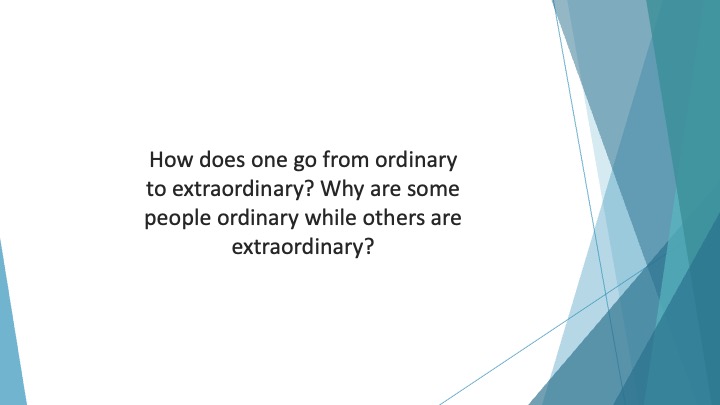
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**S1** : In this video, we’ll discover about “Becoming an Individual Extraordinaire”

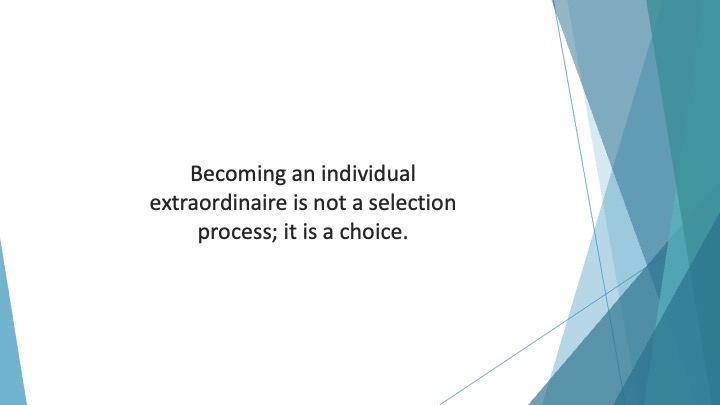


**S2 :** “Success is rarely the result of one swell swoop, but more often the culmination of many, many small victories.”

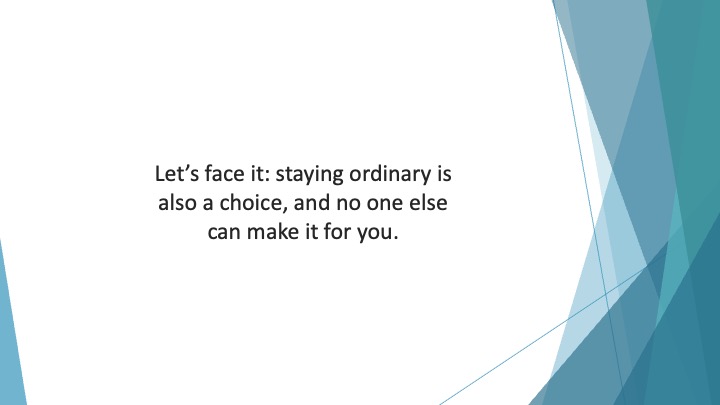
― Joseph M. Marshall III



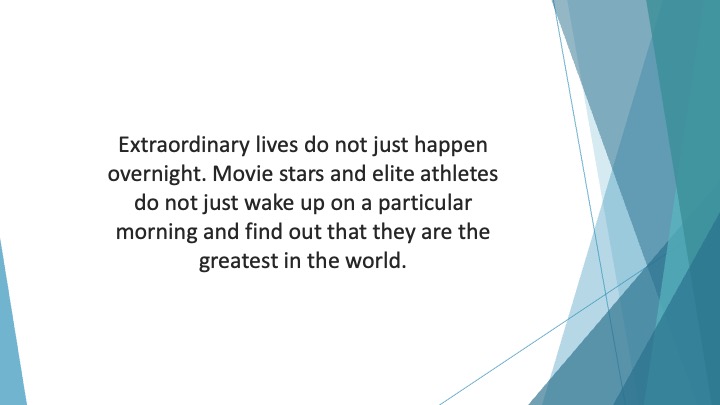
**S3** : How does one go from ordinary to extraordinary? Why are some people ordinary while others are extraordinary? Is it a natural selection process, or is there something more?



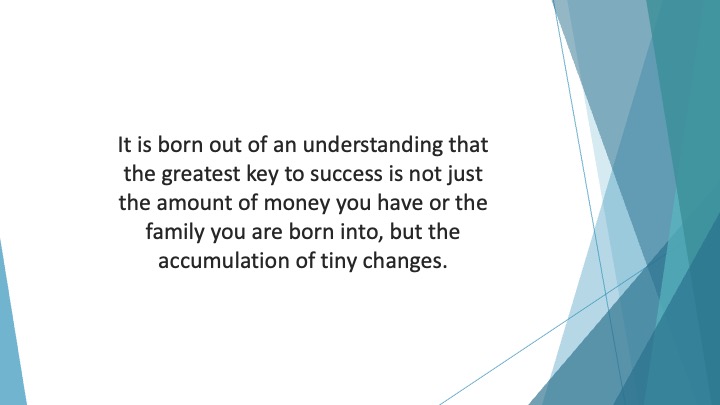
**S4** : Becoming an individual extraordinaire is not a selection process; it is a choice.



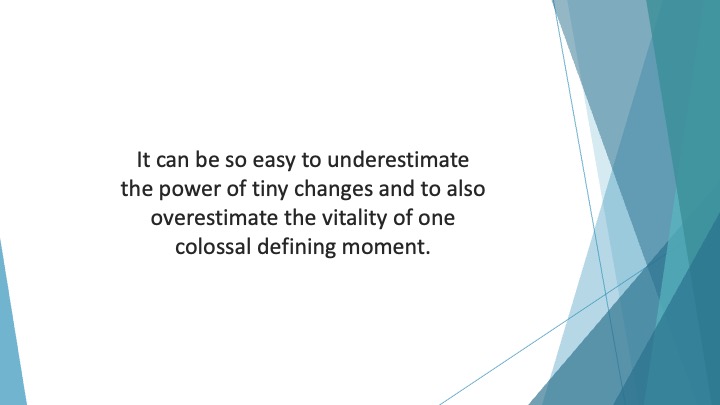
**S5 :** Let’s face it: staying ordinary is also a choice, and no one else can make it for you. Are you planning on leaving an ordinary legacy, or will you become extraordinary?



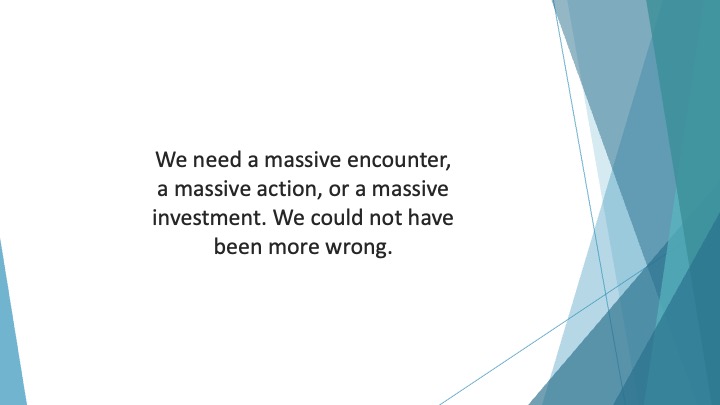
**S6 :** Extraordinary lives do not just happen overnight. Movie stars and elite athletes do not just wake up on a particular morning and find out that they are the greatest in the world.



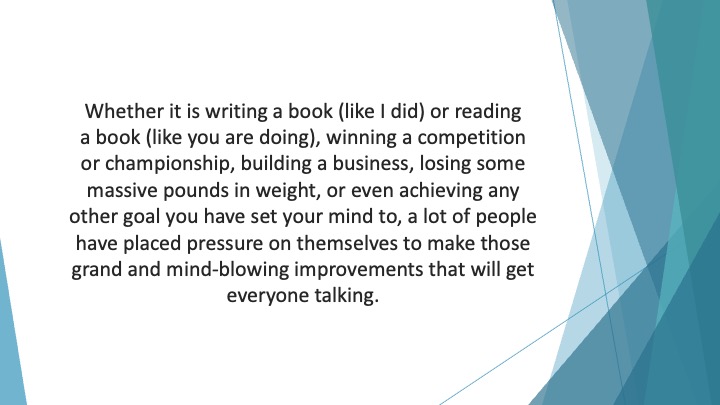
**S7 :** It is born out of an understanding that the greatest key to success is not just the amount of money you have or the family you are born into, but the accumulation of tiny changes.



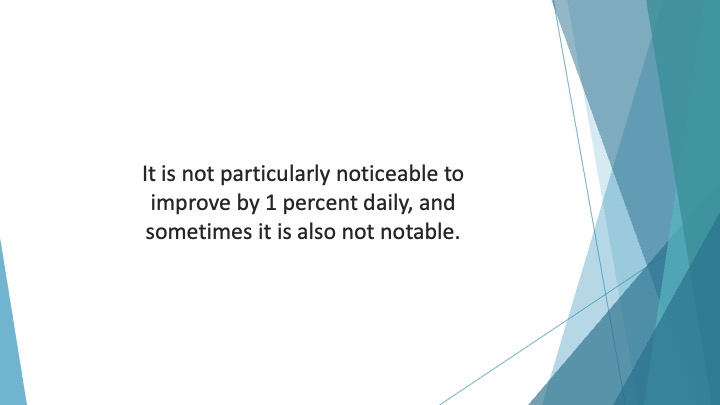
**S8 :** It can be so easy to underestimate the power of tiny changes and to also overestimate the vitality of one colossal defining moment. Often times, we come up with the convincing attitude that to achieve massive success or extraordinary results, we need massive and colossal changes.



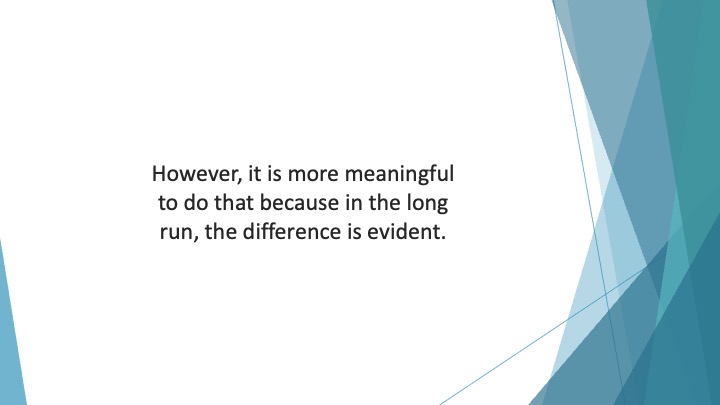
**S9 :** We need a massive encounter, a massive action, or a massive investment. We could not have been more wrong.



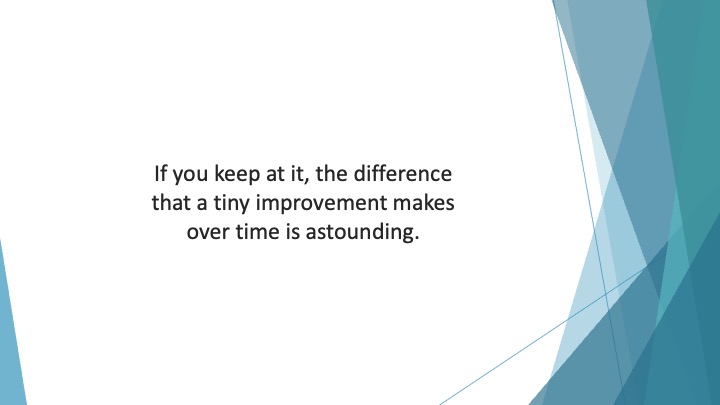
**S10 :** Whether it is writing a book (like I did) or reading a book (like you are doing), winning a competition or championship, building a business, losing some massive pounds in weight, or even achieving any other goal you have set your mind to, a lot of people have placed pressure on themselves to make those grand and mind-blowing improvements that will get everyone talking.

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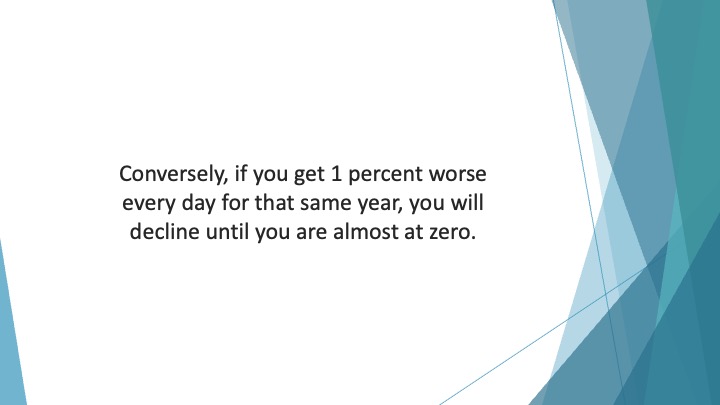
**S11 :** While that is not so recognizable, it has no concrete productivity. It is not particularly noticeable to improve by 1 percent daily, and sometimes it is also not notable.



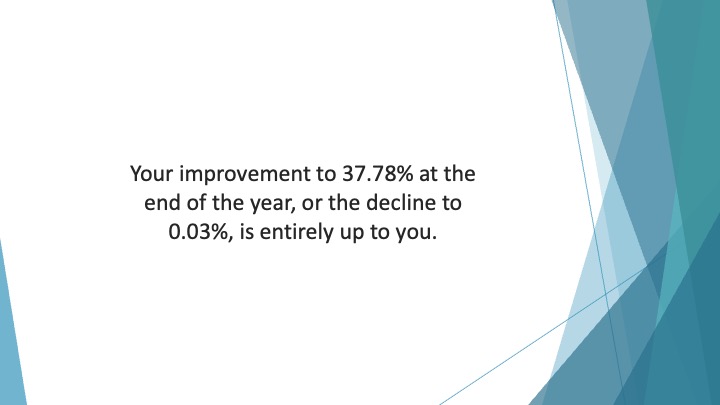
**S12 :** However, it is more meaningful to do that because in the long run, the difference is evident.



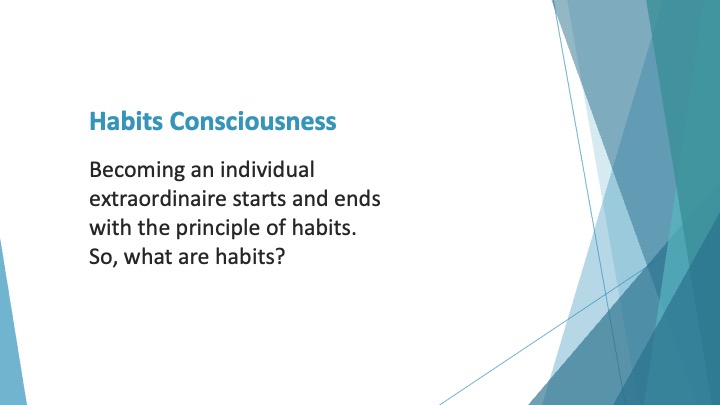
**S13 :** If you keep at it, the difference that a tiny improvement makes over time is astounding. If you can get 1 percent better every day for a year, by the end of the year you will be thirty-seven times better.



**S14 :** Conversely, if you get 1 percent worse every day for that same year, you will decline until you are almost at zero.

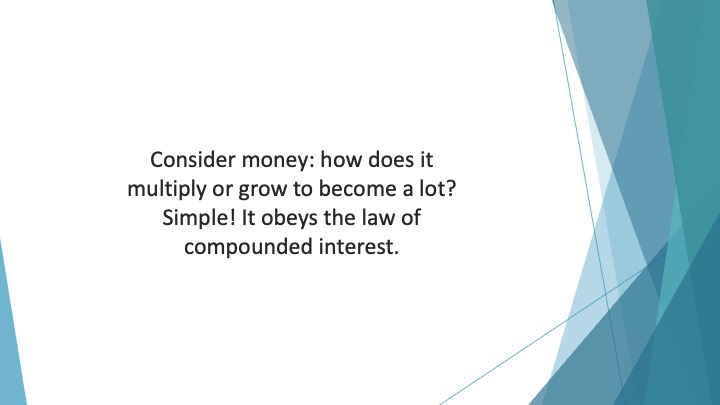


**S15 :** Your improvement to 37.78% at the end of the year, or the decline to 0.03%, is entirely up to you. You may think it is just a minor setback or a small win, but when you consider the law of accumulation, you find that it is so much more.

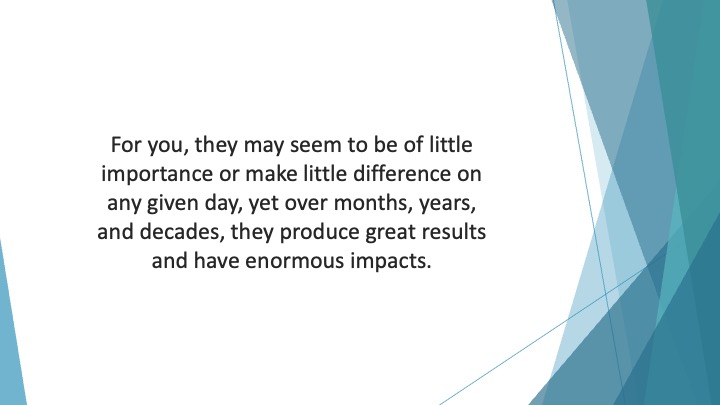


**S16 :** Habits Consciousness

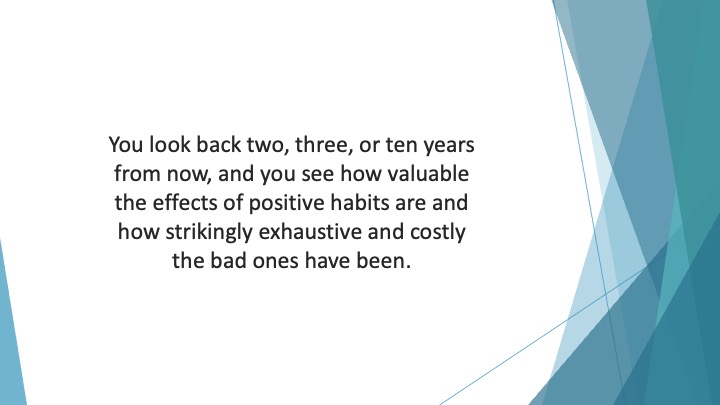
Becoming an individual extraordinaire starts and ends with the principle of habits. So, what are habits? Habits are the compounded interest of self-development or self-improvement.



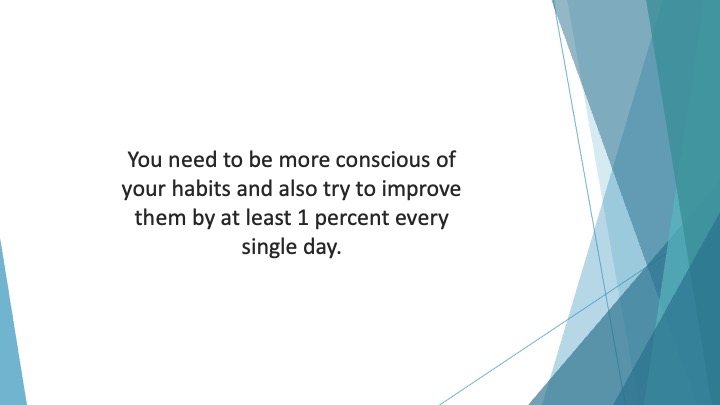
**S17 :** Consider money: how does it multiply or grow to become a lot? Simple! It obeys the law of compounded interest. In the same manner, the effects of your habits multiply the more you repeat them.



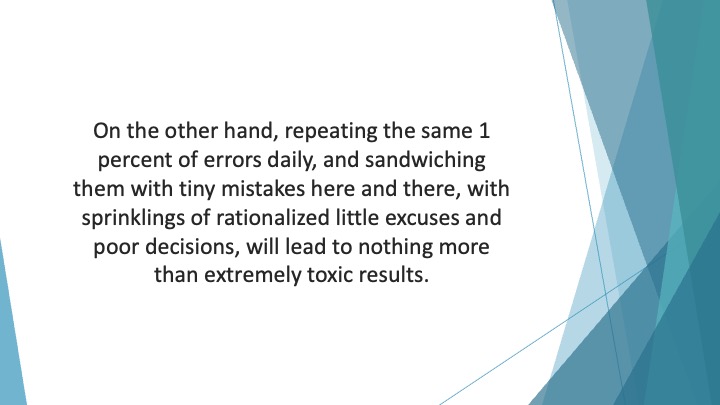
**S18 :** For you, they may seem to be of little importance or make little difference on any given day, yet over months, years, and decades, they produce great results and have enormous impacts.



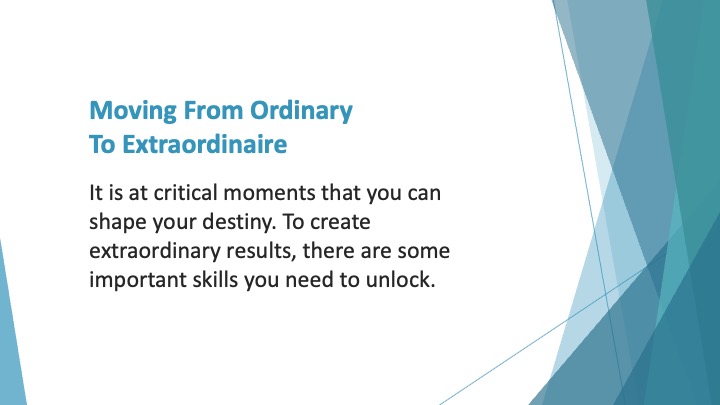
**S19 :** You look back two, three, or ten years from now, and you see how valuable the effects of positive habits are and how strikingly exhaustive and costly the bad ones have been.



**S20 :**  It is important to be really conscious of all that you do, especially your habits. You need to be more conscious of your habits and also try to improve them by at least 1 percent every single day. Doing this ensures that you get productive results.

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**S21 :** On the other hand, repeating the same 1 percent of errors daily, and sandwiching them with tiny mistakes here and there, with sprinklings of rationalized little excuses and poor decisions, will lead to nothing more than extremely toxic results.



**S22 :** Moving From Ordinary to Extraordinaire

It is at critical moments that you can shape your destiny. To create extraordinary results, there are some important skills you need to unlock.

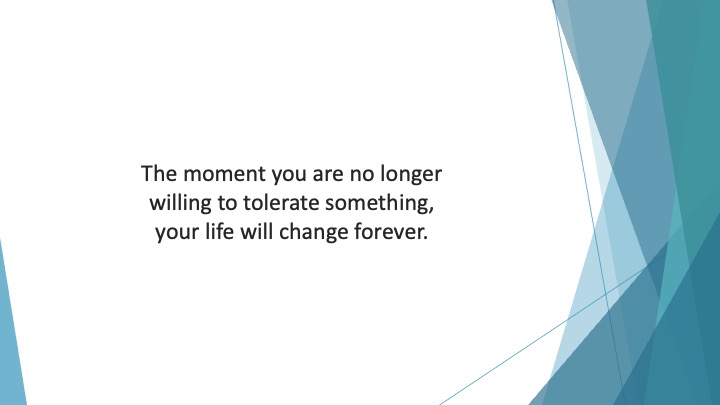


**S23 :** Raise Your Standards

Someone once said that we do not rise to the level of our expectations; we fall to the standards we have tolerated. To turn from ordinary to extraordinaire, you must raise your standards.

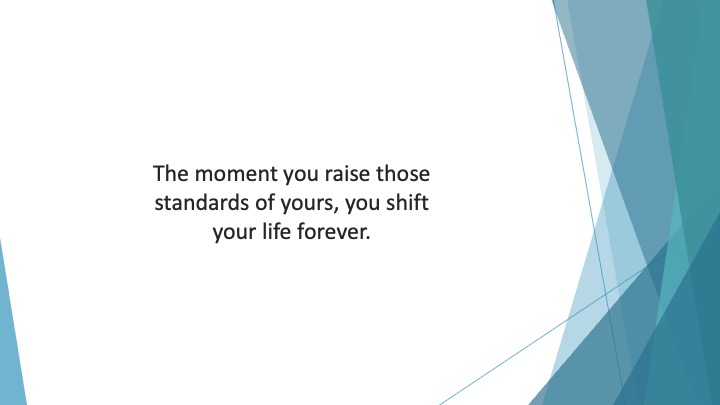
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**S24 :** Whatever standards you have tolerated and accepted is what you will fall to. You will get what you tolerate in other people and also in yourself.

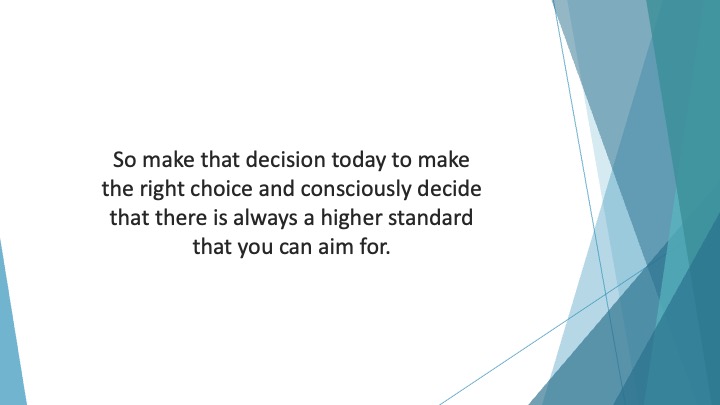
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**S25 :** The moment you are no longer willing to tolerate something, your life will change forever.

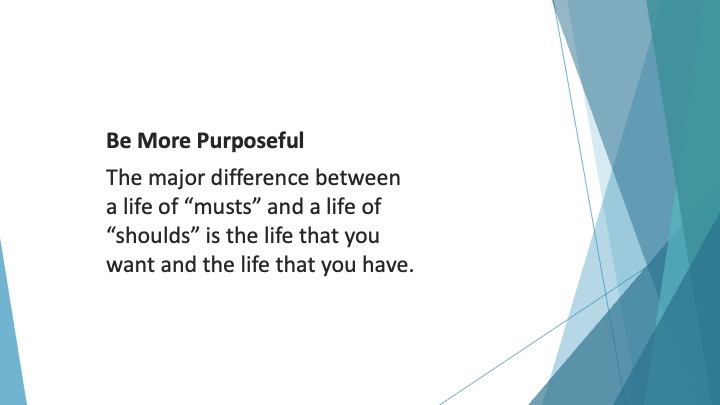
So it is those standards that you have tolerated and set that will make the difference between the results that are ordinary and the outcomes that are extraordinary and great.

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**S26 :** The moment you raise those standards of yours, you shift your life forever.

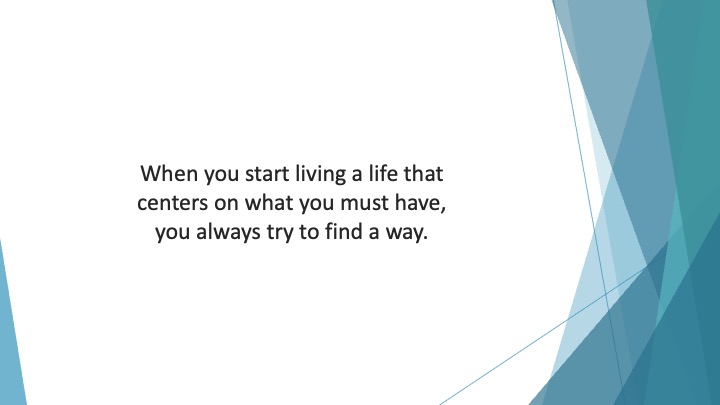
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**S27 :** So make that decision today to make the right choice and consciously decide that there is always a higher standard that you can aim for.

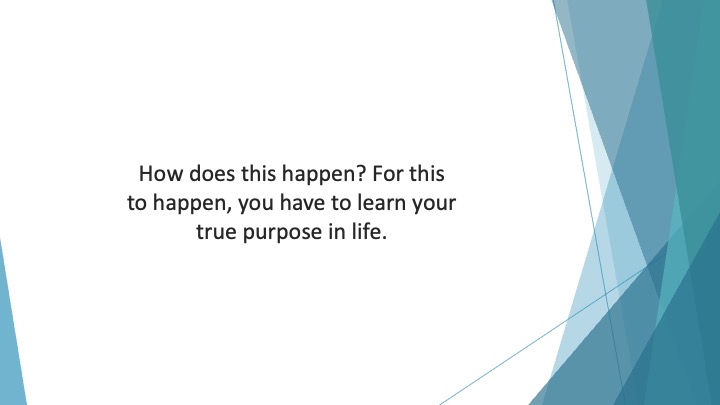
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**S28 :** Be More Purposeful

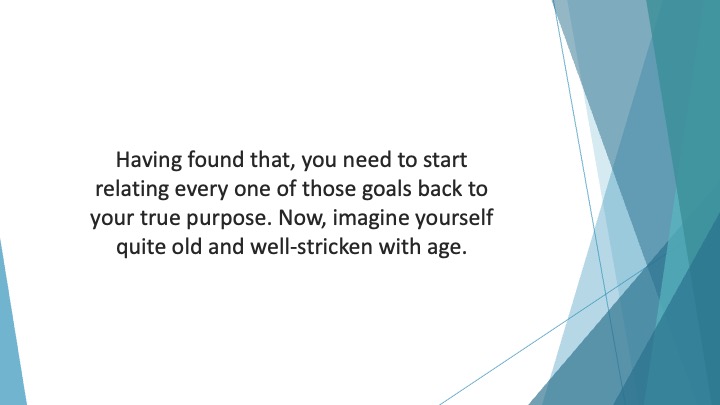
The major difference between a life of “musts” and a life of “shoulds” is the life that you want and the life that you have. We do not always get what we want; we always get what we have to have, or in this case, what we must have.

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**S29 :** When you start living a life that centers on what you must have, you always try to find a way.

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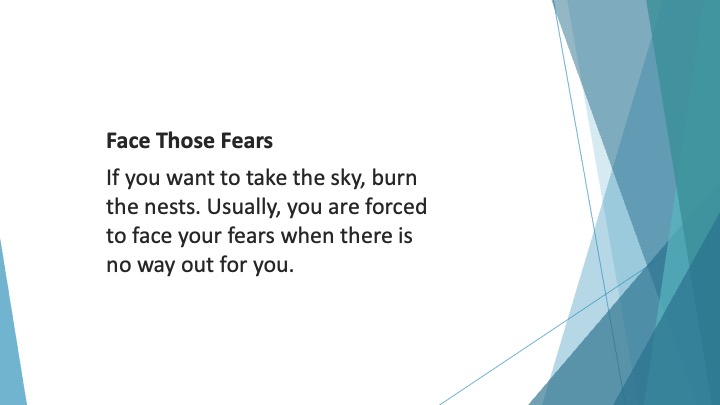
**S30 :** How does this happen? For this to happen, you have to learn your true purpose in life. It is time to discover what you really want in your life.

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**S31 :** Having found that, you need to start relating every one of those goals back to your true purpose. Now, imagine yourself quite old and well-stricken with age. What is that one thing or those things that you will regret the most about your life?

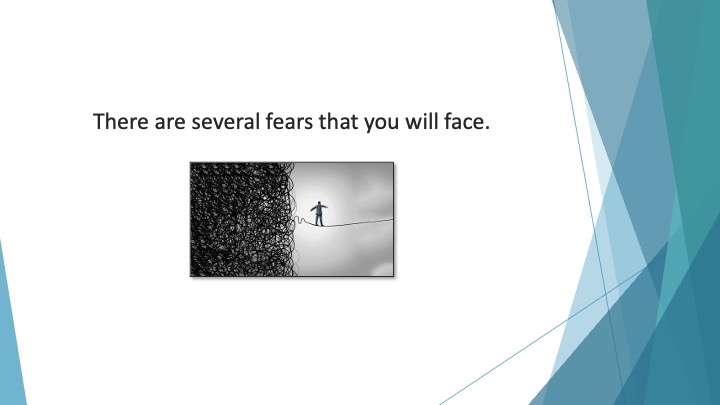
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**S32 :** Those things are your motivations and inspirations for success. Those things are your musts.

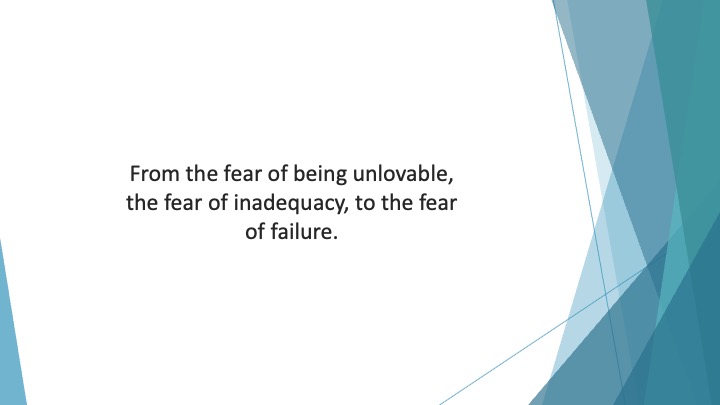
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**S33 :** Face Those Fears

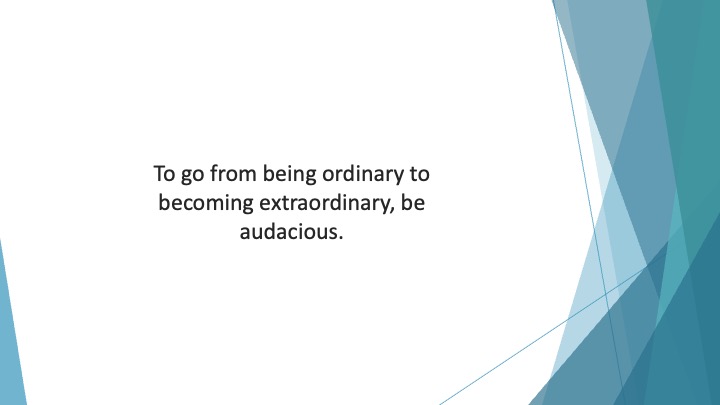
If you want to take the sky, burn the nests. Usually, you are forced to face your fears when there is no way out for you. Facing your fears creates a level of hunger in you that is unstoppable.

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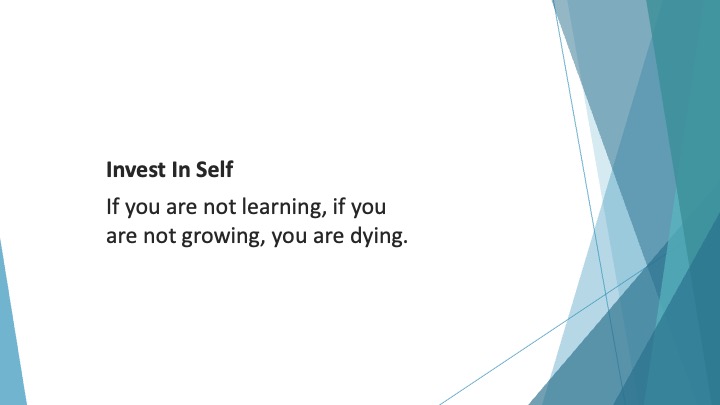
**S34 :** There are several fears that you will face.

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**S35 :** From the fear of being unlovable, the fear of inadequacy, to the fear of failure. To conquer each of them, you have to be vulnerable, replace limiting self-beliefs with ones that empower, and also develop inner strength.

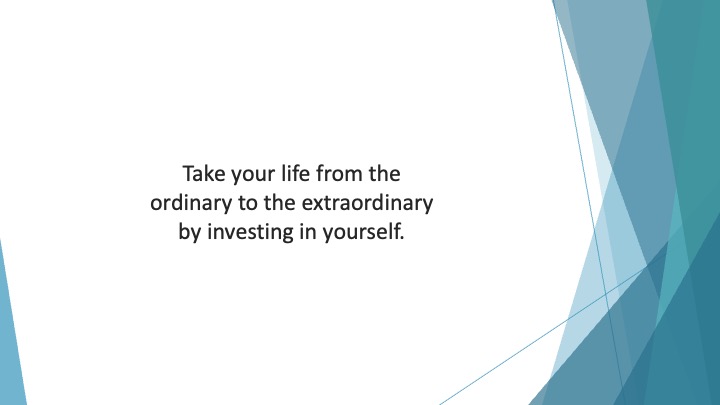
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**S36 :** To go from being ordinary to becoming extraordinary, be audacious.

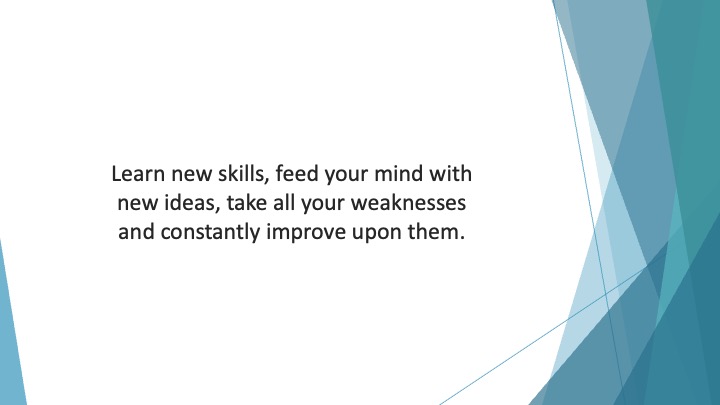
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**S37 :** Invest In Self

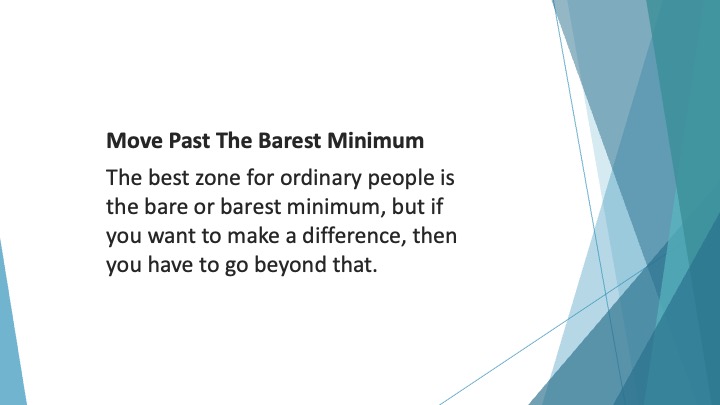
If you are not learning, if you are not growing, you are dying. It is often said that one of the greatest investments one can ever make for oneself is to invest in yourself.

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**S38 :** Take your life from the ordinary to the extraordinary by investing in yourself.

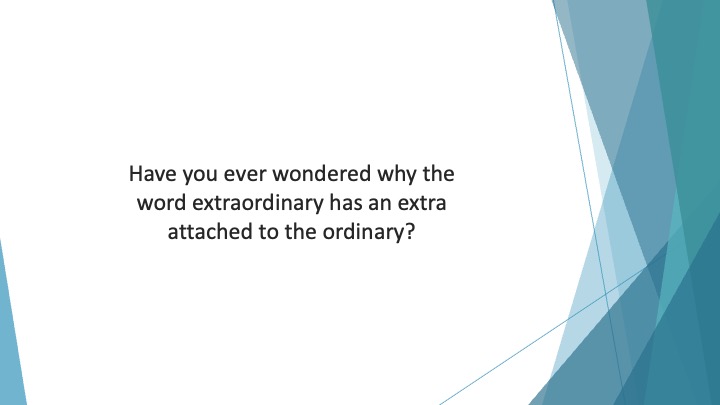
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**S39 :** Learn new skills, feed your mind with new ideas, take all your weaknesses and constantly improve upon them. This will change your mindset from a fixed one to a growth one, and this will take you to the heights of greatness.

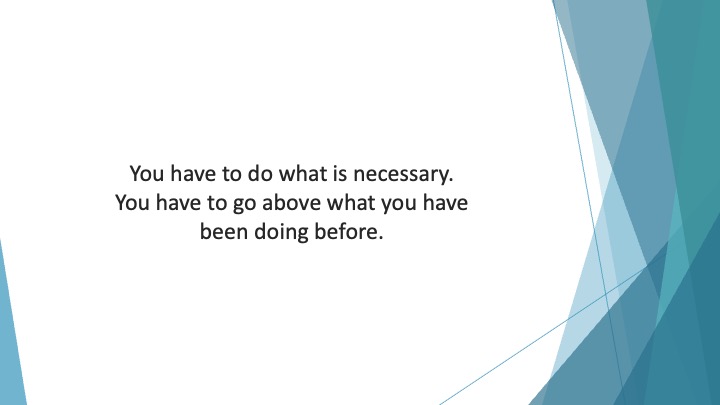
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**S40 :** Move Past The Barest Minimum

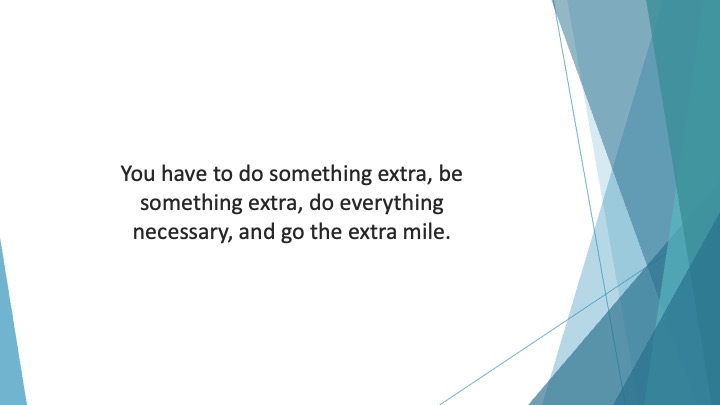
The best zone for ordinary people is the bare or barest minimum, but if you want to make a difference, then you have to go beyond that.

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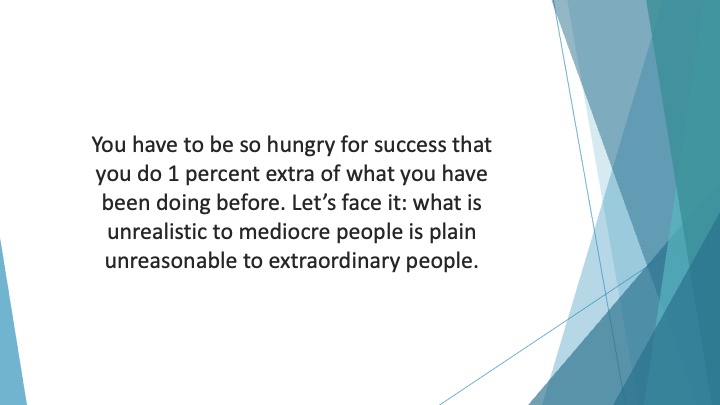
**S41 :** Have you ever wondered why the word extraordinary has an extra attached to the ordinary? That is because if you want to take your life to the next level, then you have to do something that you have never done before.

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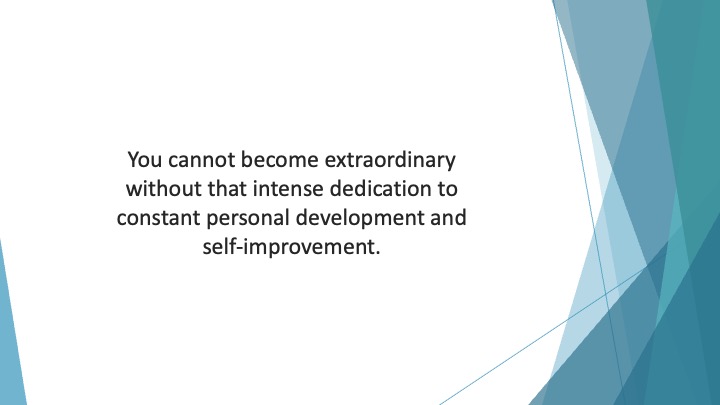
**S42 :** You have to do what is necessary. You have to go above what you have been doing before. You have to go beyond what you have been doing before.

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**S43 :** You have to do something extra, be something extra, do everything necessary, and go the extra mile.

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**S44 :** You have to be so hungry for success that you do 1 percent extra of what you have been doing before. Let’s face it: what is unrealistic to mediocre people is plain unreasonable to extraordinary people. Be unreasonable, be extraordinary, and do something so magnificent that your future self thanks you for.

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**S45 :** You cannot become extraordinary without that intense dedication to constant personal development and self-improvement.