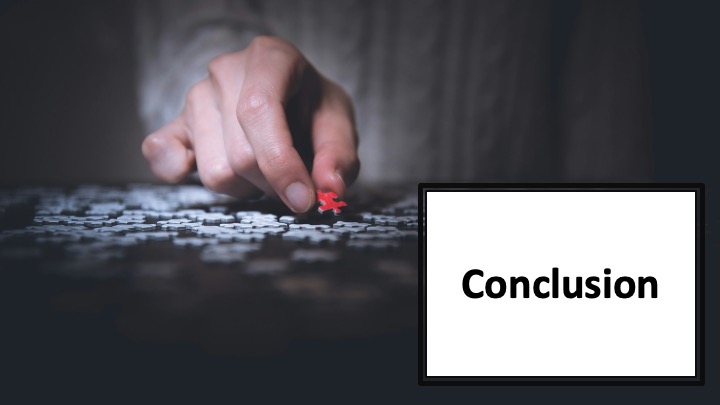
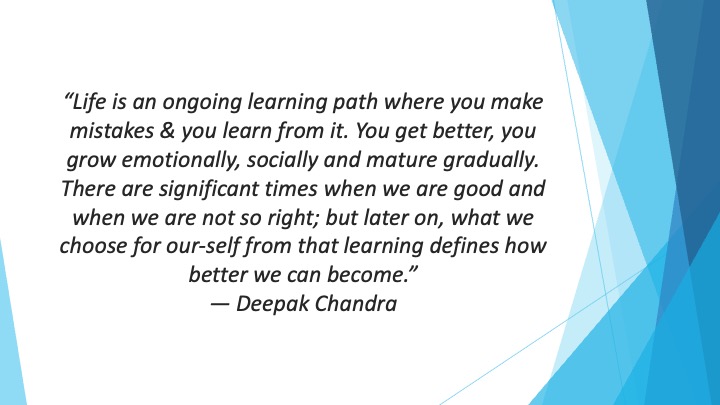
**Conclusion**

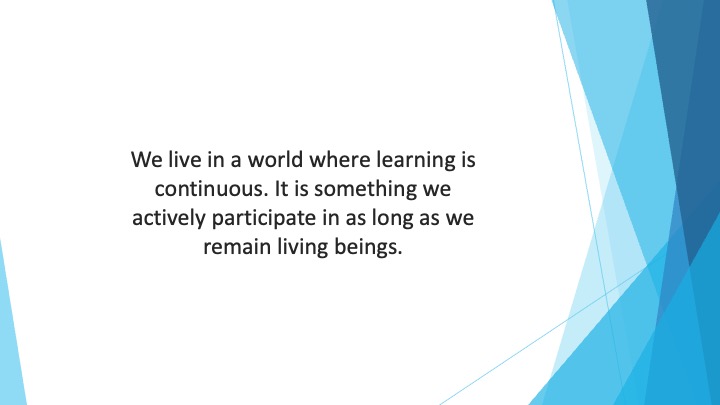
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**S1** : Pause for 2 seconds

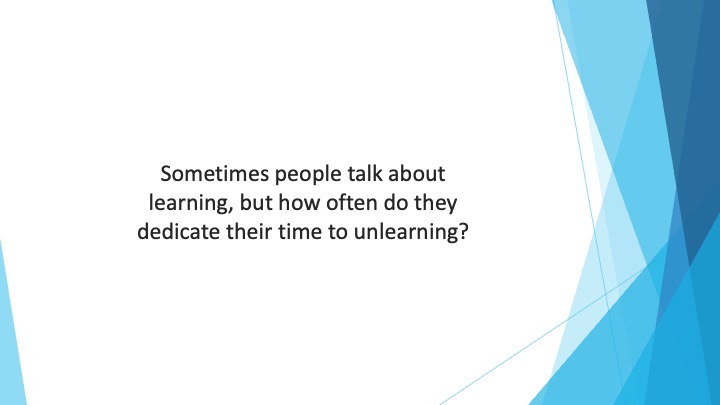


**S2 :** “Life is an ongoing learning path where you make mistakes & you learn from it. You get better, you grow emotionally, socially and mature gradually. There are significant times when we are good and when we are not so right; but later on, what we choose for our-self from that learning defines how better we can become.”

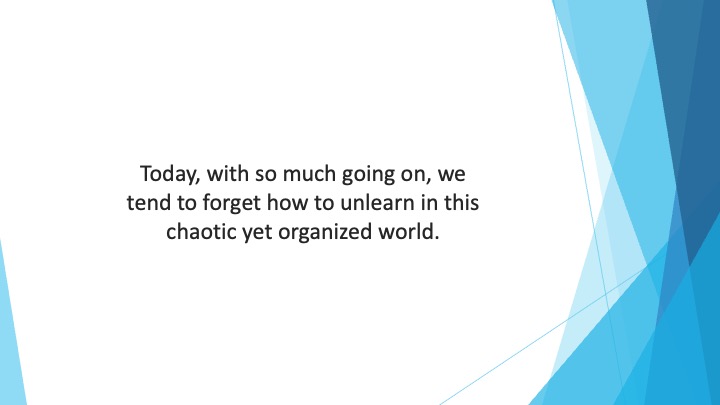
— Deepak Chandra



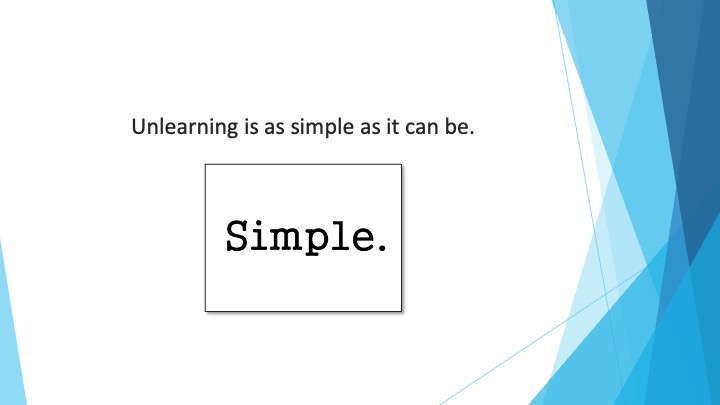
**S3** : We live in a world where learning is continuous. It is something we actively participate in as long as we remain living beings.



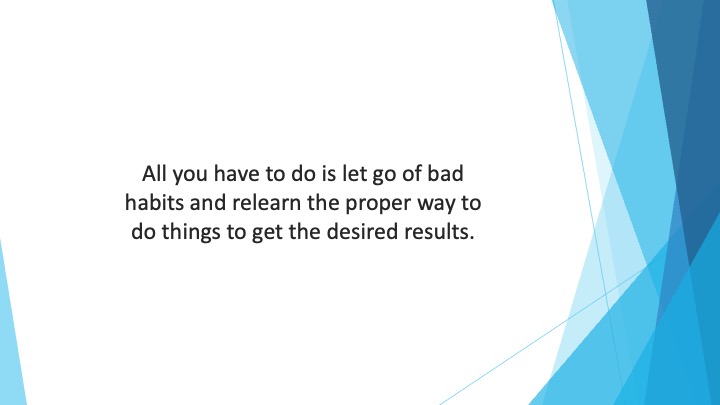
**S4** : Sometimes people talk about learning, but how often do they dedicate their time to unlearning?



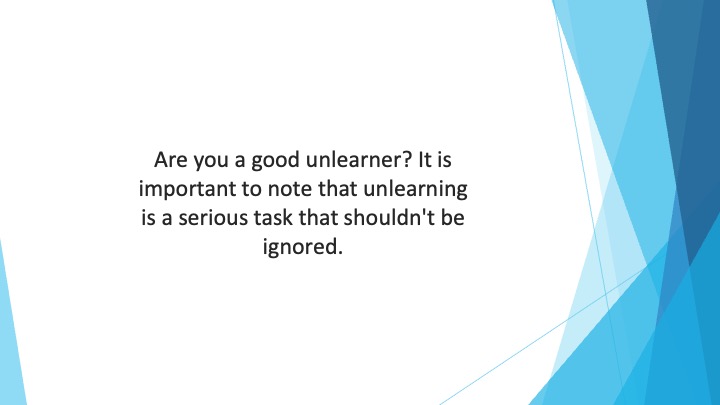
**S5 :** Today, with so much going on, we tend to forget how to unlearn in this chaotic yet organized world.



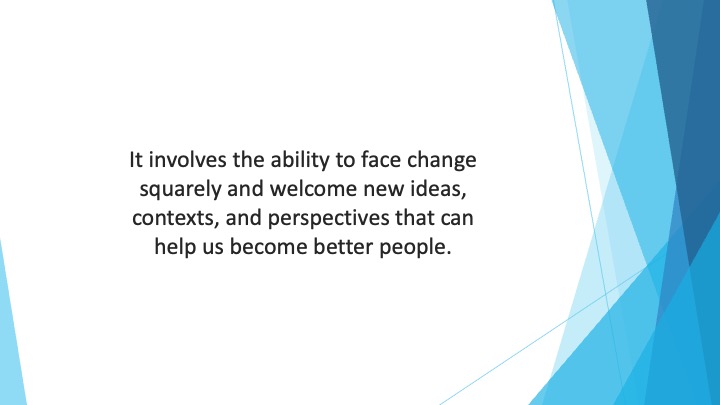
**S6 :** Unlearning is as simple as it can be.



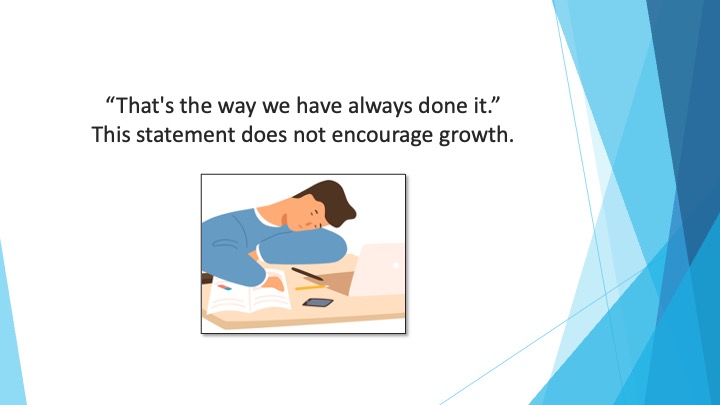
**S7 :** All you have to do is let go of bad habits and relearn the proper way to do things to get the desired results.



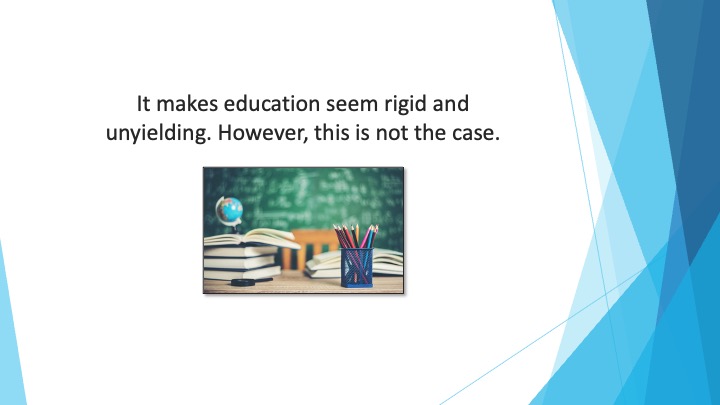
**S8 :** Are you a good unlearner? It is important to note that unlearning is a serious task that shouldn't be ignored.



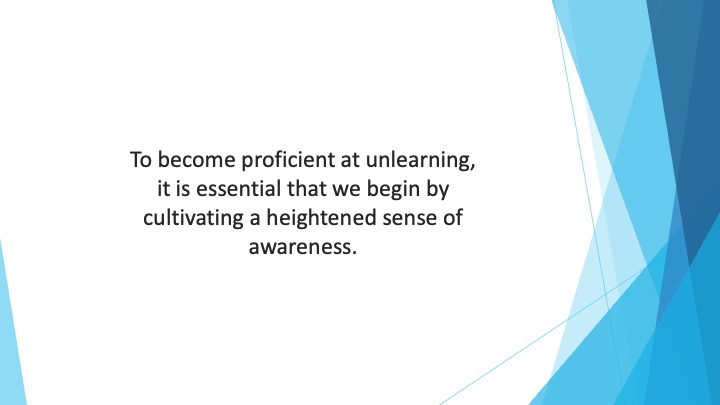
**S9 :** It involves the ability to face change squarely and welcome new ideas, contexts, and perspectives that can help us become better people.



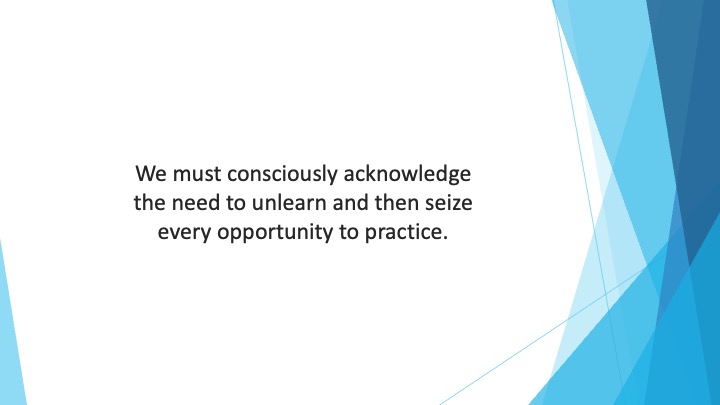
**S10 :** “That's the way we have always done it.” This statement does not encourage growth.



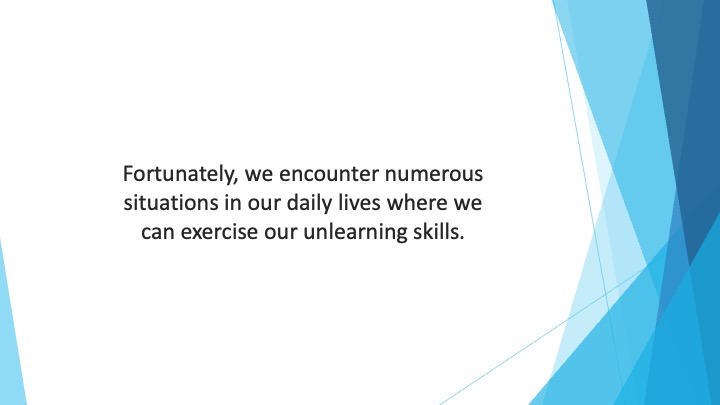
**S11 :** It makes education seem rigid and unyielding. However, this is not the case.



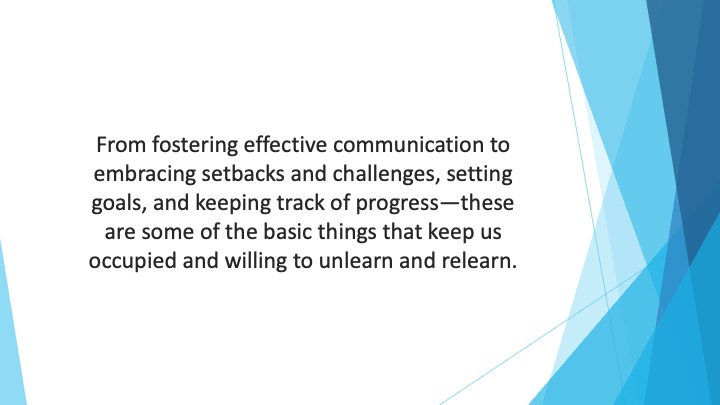
**S12 :** To become proficient at unlearning, it is essential that we begin by cultivating a heightened sense of awareness.



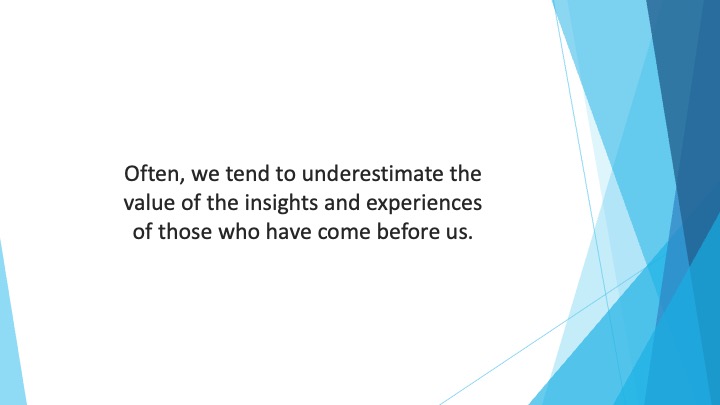
**S13 :** We must consciously acknowledge the need to unlearn and then seize every opportunity to practice.



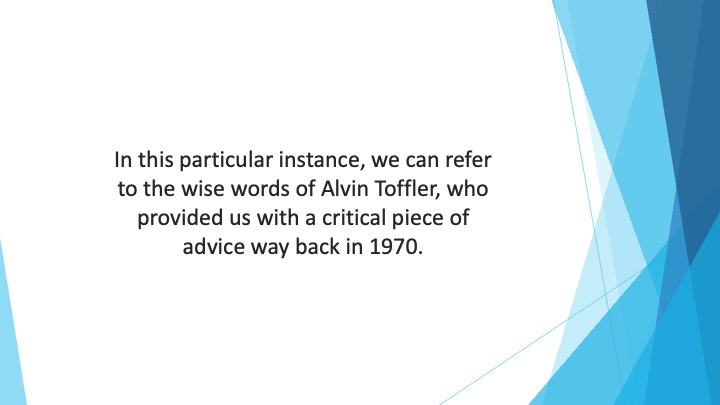
**S14 :** Fortunately, we encounter numerous situations in our daily lives where we can exercise our unlearning skills.



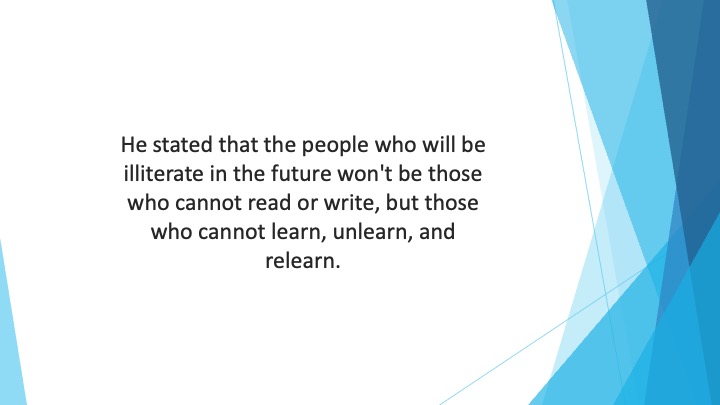
**S15 :** From fostering effective communication to embracing setbacks and challenges, setting goals, and keeping track of progress—these are some of the basic things that keep us occupied and willing to unlearn and relearn.



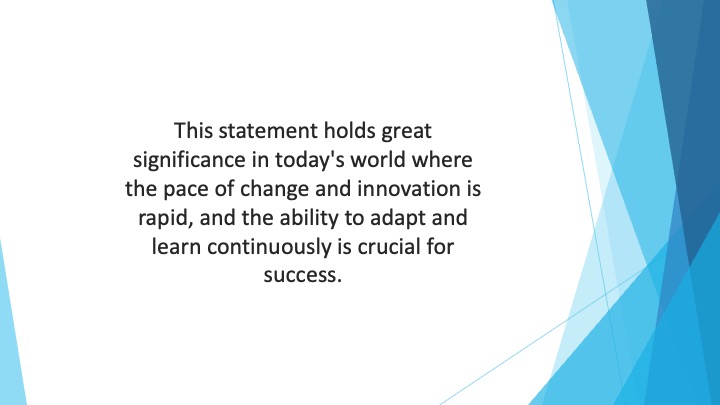
**S16 :** Often, we tend to underestimate the value of the insights and experiences of those who have come before us.



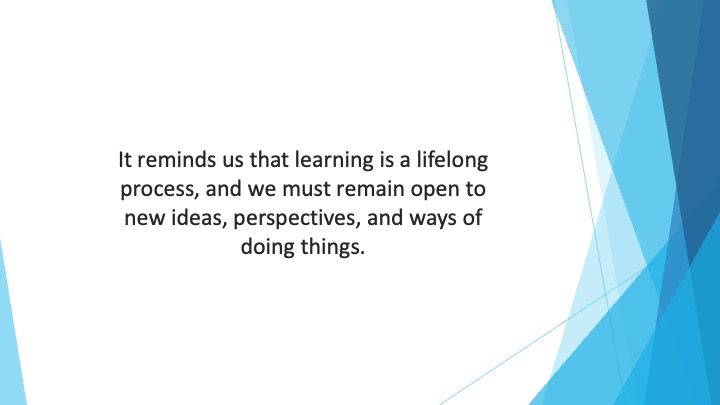
**S17 :** In this particular instance, we can refer to the wise words of Alvin Toffler, who provided us with a critical piece of advice way back in 1970.



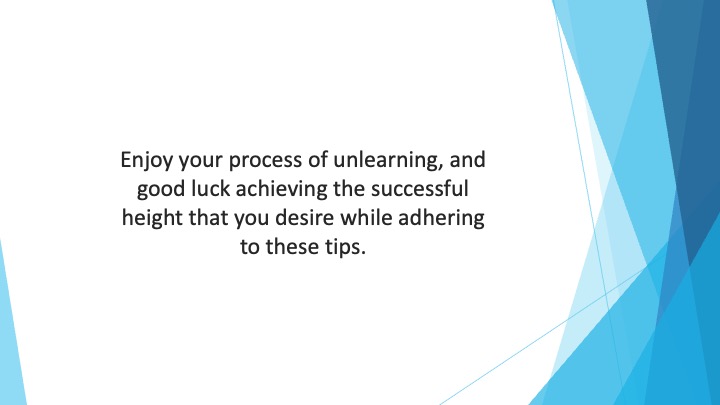
**S18 :** He stated that the people who will be illiterate in the future won't be those who cannot read or write, but those who cannot learn, unlearn, and relearn.



**S19 :** This statement holds great significance in today's world where the pace of change and innovation is rapid, and the ability to adapt and learn continuously is crucial for success.



**S20 :** It reminds us that learning is a lifelong process, and we must remain open to new ideas, perspectives, and ways of doing things.



**S21 :** Enjoy your process of unlearning, and good luck achieving the successful height that you desire while adhering to these tips.